

45th Annual Muscogee (Creek) Nation Festival **Junior Olympics**

ELIGIBILITY

Enrolled members of any Federal recognized Native American Tribe; the ages for competing are between the ages of 6 to 15. Participants must have a CDIB card or federally recognized tribal enrollment card.

REGISTRATION

To enter the competition, please complete the packet requirements. The completed packet must include the coach's acknowledgement of the rules. **Please read the rules carefully, they have been updated from the previous year.** The participant entry form for each team member must be completed. This includes a legible copy of the CDIB or Tribal enrollment card. The Junior Olympics Title Page to Packet must also be filled out and returned before the participants for each team can be registered. Please mail back to the address given below. **Registration packets must be postmarked no later than May 17, 2019. NO EXCEPTIONS**

Muscogee (Creek) Nation Department of Health

Attn: Diabetes Program

C/O Junior Olympics

P.O. Box 400

Okmulgee, OK 74447

UNIFORMS

Participants will need to be in the same color t-shirts, to identify the teams. All competitors must have gym shoes, or track shoes (only ¼ spikes allowed for track events only). No one will be allowed to compete without shoes! Shoes are required.

EQUIPMENT

All the equipment for the competition will be provided by the Jr. Olympic committee.

JUNIOR OLYMPIC RULES AND REGULATIONS

SECTION 1

Definitions

- **Competitor** includes a contestant, athlete or participant between the ages of 6-15 years of age officially registers for participation in the Muscogee (Creek) Nation Junior Olympics and who reports for his/her lane assignment and heat.
- **Coach** includes a person who is designated as such by a community or team.
- **Team personnel** include a person who is the sponsor, coach, assistant coach or representative who accompanies a team or individual contestant.
- **Scratch** the toe or any part of the foot that crosses the line on the Jump.

Section 2

COMPETITORS, COACHES AND PARENTS

- A contestant is any athlete entered in the meet. The contestant becomes an entry at the time the Junior Olympics Committee has established the deadline for accepting entries.
- Contestants officially become competitors when he/she reports for his /her lane assignments and heats.
- Contestants who fail to report for lane assignments before the start of the event will not be allowed to participate in the event.
- Each coach will be responsible for the identification of his team members, and it will be his responsibility to have his athletes on time for each event. Track events take precedence over field events. If track event and field event are occurring at same time, coaches or competitors must check in at the field event area by the 3rd and final call to let the field event judge know they will return immediately after track event. Once the field judge has turned in the results, the decisions will be final.
- **Coaches are required to have an assistant coach, sponsor or representative for every 5 children on the team. Coaches will be given 5 field badges to be utilized during the event. If a coach or sponsor does not have the filed access badge, they will be asked to leave the field/competition area.**
- **Competitors will be assigned a bib number. Please make sure each child is wearing the correct bib number. The numbers will be listed by the competitors name on the roster you will receive at check-in.**
- **Parents will not be allowed on the field. This includes the heating area. Warnings will be given. The 3rd warning will result in team forfeiture of the Junior Olympics.**
- In the event of an Emergency, only the Coaches, Parents or Guardians of the said child shall be allowed on the field.

SECTION 3

Participation and Entry limitations

- A contestant will not be allowed to be entered in more than three (3) individual events. You will not be required to list contestant events at the time of registration. It is the responsibility of the coach(s) to ensure their contestants do not participate in more than the allowed events.

- A competitor shall not compete in more than (4) total events: (3) individual events and (1) team (relay, tug of war) event. If a competitor violates this rule, all individual points, team points and place earned by that competitor in the meet will be forfeited and if the competitor participated in a team event the team points and place earned by the team will be forfeited.
- In a relay race, only one team per community may enter.
- Any contestant that moves up in an age category must compete in all events at that age level.
- Females may compete on male teams; however, males cannot compete on female teams. Team events only. Does not apply to individual events.
- Softball throw will be the best of (2) throws.
- In the long jump event a scratch will be considered a jump.
- Absolutely no jewelry while competing.

SECTION 4

Competitor's uniform.

- Each competitors uniform will consist of
 1. Shoes
 2. Each team competitor must wear the same color shirt.
 3. Shorts, track shorts, wind pants etc.

SECTION 5

The start

- All races shall start with a firing of a starting pistol or a whistle.
- The starting commands for the races shall be.
 1. **“On your mark”**
 2. **“Set”**, at this command all competitors will at once and without delay, assume their full and final set position in such a manner that no part of their bodies touch on or over the starting line. When all competitors are set and motionless, the starter shall fire the pistol or blow the whistle. The interval between the set command and the firing of the gun is usually on to two seconds. After a starter shall not fire the pistol.
 3. Starting violations which constitute a false start include:
 - a. Failures to comply with the starters commands.
 - b. A competitor who commits a false start shall be given one warning; a second false start will be disqualified.
 - c. If there is an unfair start, the starter or the assistant will recall the contestants by firing of a second shot.
 4. Coaches and team personnel will not be allowed in the starting area.

SECTION 6

THE FINISH

- The competitors placed in the order in which any part of their body's torso as distinguished from head, neck, legs, feet or hand reaches the edge of the finish line.
- **Coaches parents and team personnel will not be allowed in the finish line area or by the time keepers.**
- **All the awards will be picked up and signed for by coaches at the end of the track and field events. 1st, 2nd and 3rd place team trophies will only be presented. If you cannot pick up awards they will be mailed to you.**

SECTION 7

Relay

- Relay events, includes four (4) primary participants and one (1) alternate.
- All exchanges of the batons shall be made in the exchange zone only.
- Violation of this rule will be disqualification from the event.
- After the passing of the baton the relieved runner will stand still or jog straight ahead and step off the track when clear.

SECTION 8

Tug of War

- Tug of war includes four (4) primary participants and one (1) alternate.
- There is a mark in the middle of the rope. Another mark is made 6 feet from the center mark on either sides of the rope. The game is won when either side when the 6-foot mark crosses the center point.
- Contestants must be behind the 6-foot mark while competing. Pulling on the rope between center mark and 6-foot mark will result in disqualification.
- As mentioned earlier, the center of the rope should align with the center marked on the ground. As soon as the referee blows the whistle, each team can start pulling the rope into their territory. The objective of the game is for each team to pull the rope along with the members of opposition team to their side. As soon as the second mark on the rope from the center red mark crosses over to center line, the team to pull the rope to their area wins the game.
- The tug of war competition requires a judge. There are 3 different commands that the judge gives to the players. The judge will blow a whistle to indicate when to start pulling. The judge will also blow the whistle to indicate the event has been won.
- Gloves may be worn while competing.
- Knees or elbows cannot touch the ground.
- No wrapping of the rope around any body part during pull. This is for the safety of our athletes. **NO EXCEPTIONS!**

1. Softball Throw

- Participants will have two throws from behind the line. Crossing the line will result in a scratch. The farthest spot where the softball lands in the designated area will be marked. All participants will use 11u softballs.

2. Football Throw

- Participants will have two throws from behind the line. Crossing the line will result in a scratch. The farthest spot where the football lands will be marked. All throws must land on the football field between the hash marks. Ages 10-13 will use youth size football. Age 14/15 will use a regulation size football.

3. Jump Rope

- Participants will jump rope for one minute. Each time the rope goes under the feet counts as one revolution. Most revolutions after one minute wins.

4. Long Jump

- Each participant will get two running jumps in the long jump pit. Starting the jump from across the line will result in a scratch. The closest point of contact with their body in the long jump pit will be marked.
- Example- if they land in the pit with two feet, the back of the heel will be marked. If they land and fall backwards, the closest point will be marked.

SECTION 9

MEDICAL EVALUATIONS

- **Medical staff will be onsite to evaluate athletes that need medical assistance. Medical staff will determine if the athlete may continue to participate. Medial staff decisions are final. No exceptions.**

SECTION 10

DISQUALIFICATIONS

- Unsportsmanlike conduct will not be tolerated; this will be taunting of other athletes, swearing, fighting, and disrespecting the officials. This will apply to all coaches as well.
- Coaches will be expected to follow the rules that have been laid out in this packet, and to make sure all the requirements and rules are kept.
- **Parents will not be allowed on the field. This includes the heating area. Warnings will be given. The 3rd warning will result in team forfeiture of the Junior Olympics.**
- A competitor shall not compete in more than (4) total events: (3) individual events and (1) team (relay, tug of war) event. If a competitor violates this rule, all individual points, team points and place earned by that competitor in the meet will be forfeited and if the competitor participated in a team event the team points and place earned by the team will be forfeited.

SECTION 10

PROTEST

- All protests will need to be formally submitted to the Junior Olympic committee, mailed to our office where the dispute will be examined. The committee's findings will be reported.
- Absolutely no protests will be conducted the day of the competition.
- Mail protests to:
Muscogee (Creek) Nation Department of Health
Attn: Diabetes Program
C/O Junior Olympics
P.O Box 400
Okmulgee, OK 74447